



Robb Wolf
Author,
Paleo Solutions



Joel Jamison
Inventor,
Bio-Force HRV

BE THE FIRST, TRAIN WITH THE BEST.

Join us at the Alpha 1 Training Grand Opening for free tours, giveaways, great speakers and be a part of the Valentine Open & Elite Couples Showdown!

ALPHA 1 TRAINING GRAND OPENING

8am - 3pm, Saturday, February 15
8642 East Shea Blvd. S. Scottsdale, AZ 85260

\$1000 VALENTINE ELITE COUPLES SHOWDOWN

Register at Alpha 1 Training with someone of the opposite sex to compete for the grand prize, a \$500 giftcard per participant!

GUEST SPEAKERS

Meet and hear from the legendary **Robb Wolf**, New York Times Best Selling author of The Paleo Solution – The Original Human Diet, and trainer and inventor **Joel Jamison**, creator of Bio-Force Heart Rate Variability Training System.

EVENT SCHEDULE:

- 7:30am
Open Division check-in
- 8:00am
Open Division start
- 9:00am
Elite Division check-in
- 9:30am
Elite Division start
- 1:00-2:30pm
Guest Speakers

REGISTER IN-PERSON OR CALL: 480.327.0333

Hurry, the Valentine Showdown is limited to 50 couples so make sure to lock-in your team's spot in the competition.



Advanced Training.
Smart Technology.
Inclusive Community.